



# Baby Essentials Checklist

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## Nursery:

- Cot & Mattress
- Dressing table
- Bassinet or Co-sleeper
- Rocking chair
- Change pad
- 2 change pad covers
- Musical mobile/sound machine
- Lamp or nightlight
- Baby gym
- Play mat for tummy time
- Bouncer/rocker or swing
- Clothing hangers
- Baby monitor
- Cot quilt
- 2 Cot fitted sheets
- 2 Cot mattress protectors
- 2 Cot quilt covers
- 2 Bassinet/co-sleeper fitted sheets

## Out & About:

- Pram (seat & bassinet - you will be using the bassinet for at least 6 months unless you choose to use a capsule)
- Pram caddy (optional)
- 2 Pram hooks
- Hanging pram toy
- Rain cover (optional)
- Pram cover - to throw over pram
- Car seat (get a car seat to last e.g.: NB-4 years unless using capsule)
- Sun shades for car windows
- Rearward facing mirror
- Baby Carrier (optional)
- Porta-cot (optional - for travel)

## Bath:

- Bath tub & stand or bath support for sink
- Baby bath seat (once baby can sit up)
- 2 Hooded baby towels
- Pack of 8-10 face washers
- Cotton Balls (baby's face)
- Full size baby shampoo
- Full size baby body wash
- Bath thermometer
- Bath toys

## Baby Necessities:

- 1 Box newborn nappies
- Baby wipes
- Disposable nappy bags
- 10 re-useable/washable burp cloths
- Nappy bag with change mat
- Dummies (in case)
- 2 bottles
- Vaporizer
- Baby friendly washing detergent
- Breast Pump + Storage bags (optional)
- Bottle sterilizer (optional)
- Milestone cards (optional)
- 4-5 baby blankets
- Baby comforter (optional)
- 4 swaddles/wraps (muslin or Jersey)
- 2 sleeping bags (check 'TOG' depending on weather when baby is born) I love the 'lovetodream' & 'ergopouch' brands

## Toiletries & Medicines:

- Thermometer
- Baby Panadol + syringe
- Colic relief drops (eg: Infacol or Infants Friend)
- Baby Fess/saline nose spray + suction bulb
- Teething Gel
- Body lotion
- Nappy rash cream
- Talc-free powder
- Baby oil
- Baby safe earbuds
- Travel size shampoo & wash
- Baby safe nail clippers
- Soft hair brush
- Baby sunscreen

## Extra Prepared:

- Highchair
- 'Bumbo'/Support baby seat
- Teething rings
- Baby books
- Walker
- Jolly jumper
- Child-proofing for home

## Clothes:

**(get a mix of 0000 & MOSTLY 000 unless your Bub is a preemie)**

- Coming home outfit
- 6 singlets (all size 000)
- 6 short sleeve bodysuits - without legs
- 6 long sleeve bodysuits - without legs
- 8 growsuits/wondersuits with feet (good for sleeping or play)
- 4 stretchy pants/leggings (pair with short or long sleeve onesies depending on weather)
- 2 'special outfits'
- 1-2 jackets for warmth when leaving house
- 1 sunhat
- 1-2 warm knitted beanies
- 1-2 cotton beanies
- 2 pairs of mittens
- 4-6 pairs of socks
- 2 pairs of booties
- 5-6 bibs

## For Mum:

- 5 Maternity bras
- Feeding pillow
- Breastfeeding cover
- Nipple cream
- Nipple shields
- Maternity Pads
- Breast Pads
- ice packs
- x1 pack 'Multi-mam' compress (I swear by these especially during the first stages of breastfeeding)