



Picnic Essentials Checklist

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Always keep these things in your Picnic Basket:

- Picnic Basket
- Picnic Blanket
- Tablecloth
- Knife (with safety cover)
- Small chopping board
- Disposables or re-useables i.e. plates, cups, cutlery, serviettes etc)
- Foil
- Bottle Opener
- Pop-up food cover
- Rubbish bags
- Wet wipes
- Serving spoon
- Tea bags + small container of coffee
- Soap (in a container)



Must Haves & Optionals:

- Cooler/'Esky' for cold foods & drinks
- Ice packs or ice bags for cooler/'Esky'
- Picnic chairs
- Beach umbrella/tent/cover
- Re-usable food containers or zip-lock bags (for left overs)
- Pillow
- Blanket
- Wooden board for platter
- Cheese knife
- Portable picnic table
- Portable gas stove + extra gas bottles
- Portable speaker
- Extra beach necessities: beach towels, wet bag, bag of spare clothes for entire family, swimmers, swim nappies for babies etc

BBQ necessities (if needed):

- Barbeque
- Charcoal & lighters
- BBQ tongs
- Foil trays



Health & Safety:

- Insect repellent
- Sunscreen
- Sunhat
- First aid kit
- Life jackets or floaties e.g. arm bands etc (if needed)
- Knee pads, elbow pads & helmets (if needed)



Food & Drink Ideas:

- Platter: cheese, dips, crackers, pre-cut veggie sticks etc
- Fruit: grapes, pre-cut watermelon, berries etc
- Snacks: chips, chocolate, biscuits etc
- Main Meal: BBQ skewered meats/chicken, salad, sandwiches/wraps/rolls, finger foods, corn cobs etc
- Drinks: bottles of water, cans of drinks, bottles of mineral water to create drink infusions, juices, Thermos of hot water etc
- Condiments/Seasonings: sauces, oil, lemon juice, salt, pepper (if needed)



Leisure:

- Soccer/football
- Bikes/scooters
- Kite
- Frisbees
- Bubbles
- Playing cards
- Magazine/book
- Orbit tennis
- Sand toys for beach

